

CLEANING YOUR CONTACTS

Caring for your contact lenses is a must when you're wearing reusable contacts, and it only takes a few minutes to clean your reusable contact lenses with the appropriate solution.

IMPORTANT THINGS TO REMEMBER



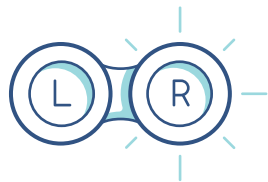
Wash Your Hands

Ensure your hands are washed, clean and dry to avoid irritation.



Clean Contacts After Removal

Always clean your contact lenses immediately after you remove them.



Begin With the Same Eye

Establish a habit of starting with the same eye. This way you won't mix them up, since each eye has its own prescription.



Never Use Tap Water to Clean A Lens or Lens Case

Refer to your contact lens solution instruction guide for further information about how long to soak your contact lenses or how often you should change the solution if you don't wear them every day.

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STEPS FOR CLEANING YOUR 2-WEEK OR MONTHLY CONTACTS

- 1 Fill Each Chamber**
of your contact lens case with fresh contact lens solution, such as ACUVUE™ RevitaLens Multi-Purpose Disinfecting Solution to help protect against harmful germs and bacteria.¹
- 2 Place One Lens**
in the clean, dry palm of your hand, and apply a few drops of your contact lens disinfecting solution. With one finger, gently rub the lens back and forth on your palm to clean the lens surfaces.
- 3 Rinse Your Lens**
thoroughly with more of your solution, and put it into your clean contact lens case.
- 4 Repeat This Routine**
for your other lens, and close the case and leave your lenses to soak overnight.

CLEANING YOUR LENS CASE

- 1 Empty**
Empty your contact lens case of the old solution.
- 2 Rinse**
Rinse it with fresh contact lens solution.
- 3 Air-Dry**
Allow Contact Lens container to air-dry, upside down on a clean tissue.
- 4 Replace**
Replace your contact lens case on a regular basis, every 3 months.

Important information for contact lens wearers: ACUVUE® Contact Lenses are available by prescription only for vision correction. An eye care professional will determine whether contact lenses are right for you. Although rare, serious eye problems can develop while wearing contact lenses. To help avoid these problems, follow the wear and replacement schedule and the lens care instructions provided by your eye care professional. Do not wear contact lenses if you have an eye infection, or experience eye discomfort, excessive tearing, vision changes, redness or other eye problems. If one of these conditions occurs, remove the lens and contact your eye care professional immediately. For more information on proper wear, care and safety, talk to your eye care professional and ask for a Patient Instruction Guide, call 1-800-267-5098 or visit acuvue.ca.

Important Safety Information: ACUVUE™ RevitaLens Multi-Purpose Disinfecting Solution (MPDS) is indicated for the care of soft (hydrophilic) contact lenses, including silicone hydrogel lenses. Use this product, as recommended by your eye care professional, to disinfect, clean, rinse, store, remove protein and condition your lenses. If you are allergic to any ingredient in ACUVUE™ RevitaLens MPDS do not use this product. Problems with contact lenses and lens care products could result in corneal infection and/or ulcers and lead to loss of vision. It is essential that you follow your eye care professional's directions and all labeling instructions for proper use of lenses and lens care products, including the lens case.